

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
06:00								
07:00	MALE ONLY 6:30 - 7:55	FEMALE ONLY 6:30 - 7:55	MALE ONLY 6:30 - 7:30	FEMALE ONLY 6:30 - 7:30	FEMALE ONLY 6:30 - 7:30			
08:00	FEMALE ONLY 8:00 - 9:00	MALE ONLY 8:00 - 9:00	FEMALE ONLY 7:35 - 9:00	MALE ONLY 7:35 - 9:00	MALE ONLY 7:35 - 9:00	MIXED SWIMMING 8:00 - 9:00	MALE ONLY 8:00 - 9:00	
09:00	rocks SWIM SCHOOL 9:00 - 12:00	rocks SWIM SCHOOL 9:00 - 11:00	rocks SWIM SCHOOL 9:00 - 12:00	rocks SWIM SCHOOL 9:00 - 11:00	rocks SWIM SCHOOL 9:00 - 12:00	rocks SWIM SCHOOL 9:00 - 16:00	rocks SWIM SCHOOL 9:00 - 15:00	
10:00								
11:00								
12:00	WATER AEROBICS 11:15 - 12:00		WATER AEROBICS 11:15 - 12:00					
13:00	MALE ONLY 12:00 - 12:55	FEMALE ONLY 12:00 - 13:00	MALE ONLY 12:00 - 12:55	FEMALE ONLY 12:00 - 12:50	WATER AEROBICS 12:05 - 12:50			
14:00	WATER AEROBICS 13:00 - 13:45		WATER AEROBICS 13:00 - 13:45					
15:00	rocks SWIM SCHOOL 14:00 - 18:30	rocks SWIM SCHOOL 13:00 - 18:30	rocks SWIM SCHOOL 14:00 - 18:30	rocks SWIM SCHOOL 13:00 - 18:30	rocks SWIM SCHOOL 13:00 - 18:30			
16:00								FEMALE ONLY 15:00 - 15:45
17:00								FAMILY SWIMMING FEMALE ONLY 15:50 - 16:30
18:00								
19:00	FEMALE ONLY 18:30 - 20:00	FEMALE ONLY 18:30 - 19:00 WATER AEROBICS 19:00 - 19:45	MALE ONLY 18:30 - 18:55 WATER AEROBICS 19:00 - 19:45	MALE ONLY 18:30 - 19:50	MIXED SWIMMING 18:30 - 19:45			
20:00	MIXED SWIMMING 20:00 - 21:00	MALE ONLY 19:55 - 20:45	FEMALE ONLY 19:45 - 21:00	MIXED SWIMMING 19:50 - 20:35				
21:00	MALE ONLY 21:00 - 21:45	MIXED SWIMMING 21:00 - 21:45	MIXED SWIMMING 21:00 - 21:45	FEMALE ONLY 20:35 - 21:45				
22:00								