

POOL RULES

We respectfully ask all members to adhere to the following Swimming Pool rules for their own safety and enjoyment.

- Please shower before swimming
- Please use the appropriate lane for your speed
- Pregnant women and people with other medical conditions should consult a member of staff before using any of the wet facilities
- Children must be supervised at all times
- Children under 16 are not permitted in the spa, sauna or steam room
- No diving
- No bombing
- No Running
- No eating or drinking by pool side
- For your safety, CCTV is in operation

Adults with Children



CHILD UNDER 4 YEARS

One Adult : One child under 4 years



CHILD 4-7 YEARS

One Adult : Two children aged between 4-7 years



CHILD 8 YEARS & ABOVE

One Adult : Three children over 8 years



MIXED AGES

One Adult : One child aged 4-7 years

One child aged over 8 years

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