

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
06:00											
07:00	MALE ONLY 6:30 - 7:55	FEMALE ONLY 6:30 - 7:55	MALE ONLY 6:30 - 7:30	FEMALE ONLY 6:30 - 7:30	FEMALE ONLY 6:30 - 7:30						
08:00	FEMALE ONLY 8:00 - 9:00	MALE ONLY 8:00 - 9:00	FEMALE ONLY 7:35 - 9:00	MALE ONLY 7:35 - 9:00	MALE ONLY 7:35 - 9:00	MIXED SWIMMING 8:00 - 9:00	MALE ONLY 8:00 - 9:00				
09:00	rocks SWIM SCHOOL 9:00 - 12:00	rocks SWIM SCHOOL 9:00 - 11:00	rocks SWIM SCHOOL 9:00 - 12:00	rocks SWIM SCHOOL 9:00 - 11:00	rocks SWIM SCHOOL 9:00 - 12:00	rocks SWIM SCHOOL 9:00 - 16:00	rocks SWIM SCHOOL 9:00 - 15:00				
10:00											
11:00											
12:00	WATER AEROBICS 11:15 - 12:00		WATER AEROBICS 11:15 - 12:00								
13:00	MALE ONLY 12:00 - 12:55	FEMALE ONLY 12:00 - 13:00	MALE ONLY 12:00 - 12:55	FEMALE ONLY 12:00 - 13:00	WATER AEROBICS 12:05 - 12:50						
14:00	WATER AEROBICS 13:00 - 13:45	rocks SWIM SCHOOL 13:00 - 18:30	WATER AEROBICS 13:00 - 13:45	rocks SWIM SCHOOL 13:00 - 18:30	rocks SWIM SCHOOL 13:00 - 18:30						
15:00	rocks SWIM SCHOOL 14:00 - 18:30		rocks SWIM SCHOOL 14:00 - 18:30					rocks SWIM SCHOOL 14:00 - 18:30	rocks SWIM SCHOOL 14:00 - 18:30		
16:00											
17:00											
18:00											
19:00	FEMALE ONLY 18:30 - 20:00	FEMALE ONLY 18:30 - 19:00	MALE ONLY 18:30 - 18:55	MALE ONLY 18:30 - 19:50	MIXED SWIMMING 18:30 - 19:45						
20:00	MIXED SWIMMING 20:00 - 21:00	WATER AEROBICS 19:00 - 19:45	WATER AEROBICS 19:00 - 19:45	MIXED SWIMMING 19:50 - 20:35							
21:00	MALE ONLY 21:00 - 21:45	MALE ONLY 19:55 - 20:45	FEMALE ONLY 19:45 - 21:00	FEMALE ONLY 20:35 - 21:45							
22:00		MIXED SWIMMING 21:00 - 21:45	MIXED SWIMMING 21:00 - 21:45								

WATER AEROBICS
15:00 - 15:45

FAMILY SWIMMING
FEMALE ONLY
15:50 - 16:30

FAMILY SWIMMING
16:30 - 17:30